

# COLLIN AND DENTON COUNTY RESOURCES



This resource directory is a listing of information for immediate needs. For more in-depth information regarding state and local social service agencies, civic and social groups, faith-based groups, potential employers and landlords, medical, dental and mental health providers, individual volunteers, mentors and sponsor families contact TRAC or your Regional Transition Center.

## **24 HOUR COMMUNITY REFERRAL LINE 211 TEXAS - NORTH CENTRAL DALLAS REGION (TEXAS)**

Information and referral service

211 - Call 2-1-1 from service area

(214) 379-4636 - Alternative Number

(800) 548-1873 - Alternative Number

[www.ccgd.org/211.htm](http://www.ccgd.org/211.htm)

HOURS: 24 hr/7 days

PARENT AGENCY: Community Council of Greater Dallas

1349 Empire Central, Suite 400

Dallas, TX 75247 [view map](#)

**Finding Help in Texas** web site (<https://www.211texas.org/211/>) - Allows you to search for assistance with health and human services in your community. In many communities throughout Texas, you can get help by dialing 2-1-1. Free, confidential information and referral line answered by nationally certified specialists is available 24 hours a day, seven days a week. When callers dial 2-1-1, they are connected to area information centers in their region. These trained experts have access to the most comprehensive database of community-based organizations, government agencies and nonprofits that exist in Texas. Information can be provided in almost any language including Spanish. Hotlines

### **TRAC- Regional Transition Center**

Transition planning, goal setting, life skills, job referrals, housing referrals,  
emergency assistance, case management

3108 Live Oak Street, Dallas, TX 75204

214.370.9300 or TOLL FREE: 1.866.4ON.TRAC

[info@traconline.org](mailto:info@traconline.org)

### **HOTLINES**

**Texas Youth Hotline, [www.texasyouthconnection.org](http://www.texasyouthconnection.org) 1-800-210-2278**

To provide peer counseling to youth and family members for family conflicts, delinquency, truancy, abuse and neglect, and running away.

**Adult/Child Abuse Hotline, 1-800-252-5400**

**AIDS Hotline for Teens, 1-800-234-8336**

**AIDS Resource Center (Dallas), 214-559-2437**

**AL ANON/AL ATEEN National Hotline, 1-888-425-4666**

**Contact Crisis Help Line, Adults: 972-233-2233**

**Youth, 972-233-TEEN**

Crisis prevention and intervention, telephone-based problem resolution, information and referrals, and emergency aid.

**Domestic Violence National Hotline, 1-800-799-7233**

**Domestic Violence 24HR Hotline 214-941-1991**

**Emergency Contraception Hotline 1-888-NOT-2-LATE**

**Federal Health and Human Services Information 1 (877) 696-6775**

**National Hope Line, 1-800-784-2433**

**Pastoral Counseling & Education Center 214 526-4525**

**Planned Parenthood Health Center Locator, 1-800-230-PLAN**

Birth control, STD, pregnancy, sexual health, sexuality

**Poison Exposure Treatment 1-800-222-1222**

**Rape Hotline, Dallas 972-262-8383**

**Rape Crisis Center of Dallas 214-653-8740**

**Suicide and Crisis Center of Dallas, 1-866-672-5100**

Confidential crisis counseling 24/7.

**Suicide Prevention Lifeline (National Hotline), 1-800-273-TALK**

**Sexual Assault National Hotline, 1-800-656-4673**

**Texas Child Abuse Hotline 1-800-252-5400**

**Texas Department of Public Safety Regional 817-299-1300**

**Texas Rehabilitation Commission 817-530-5000**

## **EMERGENCY NUMBERS**

Life Threatening 911

Urgent Need 311

City Resources and Services 211

Information (There is a charge) 1411

## **CPS Benefits Information**

Details of eligibility can be found at [www.traconline.org](http://www.traconline.org)

PAL benefit information can be found at

[http://www.dfps.state.tx.us/Child\\_Protection/Preparation\\_For\\_Adult\\_Living/default.asp](http://www.dfps.state.tx.us/Child_Protection/Preparation_For_Adult_Living/default.asp)

## **Transitional Living Allowance and Tuition Waiver Letters**

Rebecca Daniel, Lead PAL Coordinator

951 West Pipeline Rd., Hurst, Texas 76053

817-255-2311

## **Transitional Medicaid**

Ask to speak to someone about Medicaid for young people transitioning from foster care

Centralized Benefits Services

Toll Free: 1-800-248-1078

Jordan ext 8126; or Shane ext 8145; or Dody ext 8131

## **Education and Training Voucher**

Myrna Amaya, Caroline Bogues or Patty Smith

The 1-800 # will reach whoever is on duty.

(512) 339-5807 or 1-800-233-3405

Select Option 2

## **Collin County Workforce Provider**

[North Central Texas Workforce Solutions](#)

Texas Neighborhood Services

820 Jupiter Ste. 100

Plano, TX 75074

(469) 229-0099 ext. 3231 or ext. 3232

## **Denton County Workforce Provider**

[North Central Texas Workforce Solutions](#)

Texas Neighborhood Services

1300 Teasley

Denton, TX 76205

(940) 382-6712 ext. 4370, ext. 4313, or ext. 4372

## **TRANSPORTATION**

### **Dallas Area Rapid Transit**

DART – (214) 979-1111

DART On-call – (972) 880-7786

## **COLIN COUNTY ASSISTANCE PROGRAMS**

### **ACO Upscale Resale Shop**

Provides Information and referral, financial assistance with rent and utilities. Also, provides food and clothing. Offers job counseling.

801 E. Main Street

Allen, TX 75002

Phone: 972-727-4751

Hours: Mon-Fri 8:30am-4:30pm

### **Allen Community Outreach**

Provides Information and referral, financial assistance with rent and utilities. Also, provides food and clothing. Offers job counseling.

301 W. Boyd Drive, Suite A

Allen, TX 75013

Phone: 972-727-9131

Hours: Mon-Fri 8:30am-4:30pm

### **Assistance Center of Collin County**

Information about, and referrals to, social services for residents of Collin County. Maintains current files on community resources. Provides limited emergency financial assistance. Contact agency for food and clothes. Publishes Collin County Cares, a directory of services for Collin County residents. Designated Community Information Center for Collin County.

900 East 18th Street

Plano, TX 75074

Phone: 972-422-1850

Hours: Mon-Fri 9:00am-4:00pm

### **Community Food Pantry**

Provides emergency food to families in need.

307 Smith Street

McKinney, TX 75069

Phone: 972-547-4404

Hours: Mon-Fri 1:00pm-3:00pm, SA 9:00am-11:00am

### **Community Food Pantry**

Provides food for emergency need to individuals and families.

617 N. McDonald Street

McKinney, TX 75069

Phone: 972-547-4404

Hours: Mon-Fri 1:00pm-3:00pm, Sat 9:00am-11:00am

### **Samaritan Inn/ Collin County Care Center**

Shelter for families and individuals in Collin County. Offers 24 hour shelter, three meals, referrals to community support services and other educational programs which treat the causes of homelessness. Other services include Homeless Prevention and supported transitional living.

1710 N. McDonald

McKinney, TX 75069

Phone: 972-542-5302

Hours: 7 days 24 hours

### **City House**

CITY House provides intervention services to youth in crisis and their families and addresses the needs of homeless teens in Collin County.

1947 Ave K, Bldg A, Ste 400

Plano, TX 75074

Administrative Offices: 972-424-4626 (office) 972-424-4934 (fax)

Teen Emergency Shelter: 972-423-7217

## **DENTON COUNTY ASSISTANCE PROGRAMS**

### **Argyle Food Bank**

Provides food to people in Argyle who are in need of assistance.

414 N Hwy 377

Argyle, TX 76226

Phone: 940-390-9525

Hours: Mondays 9:00am-Noon and the last Monday of month 6:00pm-8:00pm

### **Christian Community Action**

Provides financial assistance through rent/mortgage, electric, water, gas, transportation, clothing and minor medical assistance. Food pantry, housing, career training and placement, job search also available as well as an Adult Health Center.

200 S. South Mill

Lewisville, TX 75057

Phone: 972-436-4357

Hours: Pantry hours are Mon-Thur 10:00am-1:00pm and 6:00pm-8:00pm, Fri-Sat 10:00am-1:00pm After hour appointments available upon request

### **Community Food Center, Inc.**

Provides staple food supplies in emergency situations to families and individuals referred by local churches, social service agencies, or self. The center accepts donations for food and money to purchase food.

109 Sycamore

Denton, TX 76201

Phone: 940-382-0807

Hours: Mon-Fri 1:00pm-3:00pm

### **Youth and Family Counseling**

Community counseling and first offender program; Sliding scale is used based upon gross income for Denton County residents.

601 Cross Timbers Ste.120

Flower Mound, TX

Phone: 972-724-2005

Hours: Mon-Thurs 9:00 am-9:00pm

Fri- 9:00 am-4:00pm

Sat- 9:00 am-1:00pm

## HEALTH CARE

### **STAR Health:**

[www.superiorhealthplan.com](http://www.superiorhealthplan.com)

1-866-912-6283

1-800-964-2777

### **Planned Parenthood of North Texas, Inc -**

**Denton** 940-891-0737

**Sherman** 903-813-5522

**Plano** 972-424-6311

**Plano** 972-633-1300

### **Timberlawn Mental Health Services -**

Toll Free Telephone Number (800) 426-4944

4600 Samuell Boulevard, Dallas, Texas 75228

### **Medicaid Information**

Medicaid Client Hotline: (800) 252-8263, call to find doctors in your area.

Apply for CHIP/Children's Medicaid: (800) 647-6558

### **Texas Medicaid & Healthcare Provider (TMHP) ,**

the Claims Administrator for Texas Medicaid

Contact Center General Inquiries Line: 1-800-925-9126

EDI Help Desk - Technical Support contact information: 1-888-863-3638

## COLLIN COUNTY HOSPITALS

Presbyterian Hospital of Plano	972-608-8000
Medical Center of Plano	972-596-6800
Real Options for Women	972-424-4357
Plano Rehabilitation Hospital	972-612-9000
Presbyterian Community Medical Center	972-509-4554
Presbyterian Hospital of Dallas	214-345-6789
Homeless Outreach Medical Services of Parkland Memorial Hospital (Dallas County Only) The Homes Program (Homeless Outreach Medical Services)	
North Texas Hospital for Children at Medical City	972-566-8888
Texas Scottish Rite Hospital for Children	214-559-5000
Vernon State Hospital	940-552-9901

## DENTON COUNTY HOSPITALS

Denton Community Hospital	940-898-7000
Denton Regional Medical Center	940-384-3535
Medical Center of Lewisville	940-220-0600
Trinity Medical Center	972-492-1010